



But Mary treasured up all these things
and pondered them in her heart.
Luke 2

*Wondering with Mary:
A Prayer of Reflection*



Welcome!

Prayer Guide...Kristine Rooney

Reader...Rob Curtiss

*Music...Magnificat: Ritual Music for Prayer and
Contemplation by Sanctuary*



Enjoy being in this sacred space. We will share some words, listen to music, pray and have time to think about how God is at work in us.

Opening Prayer

Let us pray together...

Mary, Undoer of Knots, pray for us.
Through your grace, your intercession, and your example,
deliver us from all evil, Our Lady,
and untie the knots that prevent us
from being united with God,
so that we, free from sin and error,
may find him in all things,
may have our hearts placed in him,
and may serve him always
in our brothers and sisters. AMEN

The Annunciation

Song: “I Am Your Servant” by Cathy Lombardi & Dan Mason (3:29 min)

- What is in your good and bad boxes?
- What are my feelings around these boxes?
- How can I grow into an openness of allowing things to be as they are?
- What might happen if I live a life of “Yes”? *

*And note that a life of “Yes” is not being a doormat or volunteering for every fundraiser. It is more an attitude of being open to what life brings.

Space to jot some notes

Let us pray together...

Lord, help me say yes to you,
to say yes to your love for me.

May I receive your love.

May I rest in your love.

May I say yes as well to your loving will for me,
to all you would teach me and change in me.

To say yes to you, my Love, my Life. AMEN

The Canticle of Mary

Song: “My Soul Proclaims” by Shawn Tracy & Dan Mason (5:48 min)

- How does your soul proclaim the greatness of the Lord?
- What are you grateful for?
- What is happening in your life that is hard to be grateful for?
- What difference would it make in your life to approach everything as a gift?
- Picture that difference. How does it feel? Talk to God about it.

Space to jot some notes

Let us pray together...

Meister Eckhart said,
“If the only prayer you ever say
in your entire life is thank you,
it will be enough.”

Here we are, Lord.
Thank you. AMEN

The Visit of the Shepherds

Song: "Springbrook" by Dan Mason (8:23 min)

- Can you think of moments that you "caught" which had an impact on you (a rainbow, someone's laughter, a kind gesture,...)?
- How do some of these moments impact you?
- Do you see a pattern in what you notice?
- What may you change so you notice more of these moments?
- How is *God* at work in you?

Space to jot some notes

Let us pray...

Gracious God,

I am your messenger, ready to tell
Of your enormous kindness and mercy.

I will trust in you.

I believe that those with whom I live and work
Will see your love shining through all I am and all I
do.

It is your radiance within me
That will transform the bits and pieces of my life
Into a tapestry of ardent devotion.

Thank you for being present in my life
And for calling to me with your gracious voice
Of unconditional love. AMEN

Hail Mary, full of grace.

Our Lord is with thee.

Blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,
pray for us sinners,

now and at the hour of our death. AMEN



